



W A Y N E G . T H O R P E , D . D . S , P . C .

VAL VISTA LAKES ORAL & FACIAL SURGERY

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DIPLOMATE, AMERICAN BOARD OF ORAL & MAXILLOFACIAL SURGEONS

W E L C O M E T O O U R O F F I C E

1. For those patients who will undergo I.V. sedation, nothing is to be eaten six hours prior to surgery. You may have clear liquids, such as 7-up, water or apple juice. No caffeine, solid foods or milk or milk products. **THIS IS VERY IMPORTANT.** If these directions are not followed, surgery will be rescheduled.
2. Another adult who can drive must accompany the patient and **MUST REMAIN** in the office while the surgery is being performed. **NO EXCEPTIONS.**
3. Patients who take any form of medications must take all medications on the day of surgery as normal.
4. FEES are payable on the day of surgery.
5. Patients should prepare for surgery according to the following:
 - A. Wear short sleeved shirts or blouse, loose fitting clothing, and please no white.
 - B. Do not wear high heeled shoes; wear flat shoes or tennis shoes.
 - C. Do not wear contact lenses unless they are extended wear.
 - D. If you have a history of a heart murmur or rheumatic fever, you must pre-medicate with an antibiotic one hour prior to surgery.
 - E. If you are taking any drugs, or medications, or have any medical problems please verbally inform the doctor in addition to noting this information on your chart.

SURGERY

LA

2

3

4

PAIN ↑

90%

sore rest of week

DRY SOCKET

Packing x3

2-3 weeks of severe pain if not treated

DAY ONE
90% of pain

DAY TWO
Two Tylenol
2x Advil/Motrin

DAY THREE
Good

DAY FOUR
Good

Example:
4 - 3x daily
3 - 4x daily

Aleve
2 AM
2 PM

If throbbing or aching
Be sure to call for possible dry socket

