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INSTRUCTIONS FOR ORAL –ANTRAL OPENINGS

In the event that a tooth extraction also results in an opening into the sinus, please follow these instructions:

1. DO NOT BLOW YOUR NOSE, as this will place undue pressure on the sutures which are holding the fistula closed, and can cause the sutures to give way, or the packing to be lost from the socket.
2. When you must sneeze, please do so with your mouth open.
3. Please refrain from smoking for at least 3 hours following the surgery; it is better to not smoke for 24 hours for optimum tissue healing.
4. Please do not drink through a straw for 24 hours.
5. Continue to take the decongestant (Drixoral) for 10 days, along with the antibiotic which has been prescribed (taken as directed until all are finished).
6. If you notice water, air or any fluids passing to the nose from the mouth, please notify us immediately, as this might mean that the opening is in need of resuturing.
7. A “bad” smell or taste may indicate a sinus infection; please contact our office immediately.